

Effective from Session:	2022-23		- 1757 A.D.)	L	T	P	C
Course Code	A050201T/ HH110	Title of the Course	History of Medieval India (1206 A.D1757 A.D.)	5	1	0	6
Year	İst	Semester	IInd		E PA		
Pre-Requisite	Intermediate	Co-requisite	None learners will develop following attributes:			Victor (S)	1
Course Objectives	After the suc	cessful course completi-	on, learners will develop following attributes:				Application of the last of the

R. In	Course Outcomes
201	To know about sources of Medieval Indian History and develop knowledge about the establishment
CO1	To know about sources of Medical measures
	of Delhi Sultanate and their economic measures.
CO2	of Delhi Sultanate and their economic measures.  To understand the measures and policies adopted by the Sultans of Delhi (Tughlaqs to Lodi rulers).  To understand the measures and policies adopted by the Sultans of Delhi (Tughlaqs to Lodi rulers).
CO3	To acquaint with Political and Economic Structure of Wagnet 2017
CO4	
CO5	To develop knowledge about Policies taken by Aurangee and deetine of stage
CO6	To develop knowledge about Marathas.
CO7	To understand the architectural development under Mugnais.
CO8	To acquaint with Bhakti and Sufi Movement.

Unit	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
No.	Title of the Omt	" It I' Foundation and consolidation of the		
1	An Introduction to medieval Indian	Main features of historiography of medieval India. Foundation and consolidation of the Sultanate: Early Turks, Khilji's, Economic and Administrative Works of Khilji rulers.	12	CO1
	historical sources.	Rise of Ghiyasuddin Tughlaqs Mohammad Bin Tughlaq's Projects. Firoz Shah and his	12	CO2
2	The Tughlags	Rise of Ghiyasuddin Tughlaqs Monammad Bill Tughlaqs Trojects Table	12	002
	The Tuginays	works, Saiyyed Sultans of Delhi, Lodies.	12	CO3
2	The Machala	Babur and Humayun, Interly of Shershah with special reference to Administration and Land	12	COS
3	The Mughals			004
11.5		Mughal Empire its expansion, Jagirdari, Mansabdari, Relation with Rajpoot and Maharana	12	CO4
4	Akbar to Shahjahan	Pratap, Religions Policy.	10	CO5
5	Aurangzeb	rebellions, religious, deccan policy, Rajpoot Decline of Mughals.	12	003
3			10	CO6
6	Rise of Marathas	Administration, Revenue System, Concept of Hindu-Padshahi and latter Mughals.	10	000
, ,	under Shivaji		10	CO7
7	Development in	Architecture and painting in Mughal Period, Music and literature.	10	COT
-	Mughal period			000
8	Rise of Bhakti &	Rise of Bhakti Movement and Re-strengthening in North India. Development of Sufism in	10	CO8
8	Sufi Movement	India.	TOTAL STATE	

## Reference Books:

Kulke, Herman (ed.) (1995), The State in India (1000-1700), New York and Delhi: Oxford University Press.

Prasad, Ishwari: (1940), Medieval India (English or Hindi Version) Delhi, Indian Press.

Srivastav, A.L.: (2017), Delhi Sultanate (English or Hindi Version) India, Shivlal Agarwal & Co.

Srivastava, A.L.: (2017), The Mughal Empire (English or Hindi Version) India, Shivlal Agarwal & Co.

Tripathi, R.P.: (2012), Rise and Fall of the Mughal Empire (English or Hindi Version), Delhi, Surjeet Publications

Satish Chandra, History of Medieval India (800-1700), Orient BlackSwan, 2007.

## e-Learning Source:

https://swayam.gov.in/

http://www.ignou.ac.in/

Coursera

UGC CEC

			Course A	rticulation M	atrix: (Mapp	ing of COs wi	th POs and P	SOs)		
PO-PSO CO	PO1	PO2	PO3	PO4	PO5	PSO1	PSO2	PSO3	PSO4	PSO5
CO1	Í	3	3	1	3	3	3	3	1	2
CO2	3	3	3	2	2	3	2	1	1	2
СО3	3	3	3	3	1	3	2	1	2	2
CO4	3	3	3	1	3	3	3	3	1	2
CO5	3	3	3	2	3	3	1	2	1	2
CO6	3	3	3	2	2	3	3	2	2	2
CO7	3	3	3	3	3	3	3	3	2	2

)8	3	3	3	3	3	3	3	3	2	2	
	,	1- Lo	w Correlation	on; 2- Modera	ate Correlation	n; 3- Substanti	al Correlation				
Otrshal Dr. Anshal tiger							Ze	ba A9	al		
Dr. Anshal tigel  Name & Sign of Program Coordinator						Zeba A91  Sign & Seal of HoD  Integral					
	Nan	ne & Sign of I	riogram Co	Ofullator			Integral U				



Integral University, Lucknow

<b>Effective from Session</b>	on: 2022-23		voisity, Duckilow				
Course Code	HUV102	Title of the Course	Psychology of Resilience	L	T	P	C
Year	I	Semester	II	3	0	0	3
Pre-Requisite	Intermediate	Co-requisite	None		U	-	3
Course Objectives	others' lives. I	ne science of Happi	students and will be able to learn about In iness and Life Satisfaction, and will be able to learner a clear understanding of the different rironment.	apply them in	their	own ar	nd in

1 31 34	Course Outcomes
CO1	Apply Interpersonal aspects of Positive Psychology, Positive communication, Coping and Positive Psychology, Gratitude and meaning, post-traumatic growth and resilience
CO2	The science of Happiness and Life Satisfaction - Resilience in Development- Concept of Flow - Positive Affectivity, Positive Emotion Measurements of happiness and subjective well-being across nations Flexibility and complexity and their role in well-being across nations.
CO3	Transforming, Restorative justice, Mindfulness and well-being, Pursuit of Meaningfulness in Life Humor- Meditation and Positive Psychology - Spirituality.
CO4	The Principles of Pleasure and Mental Health Distinguishing the Positive and Negative Emotions – Happiness and Subjective Well – being: Living a Pleasurable Life – Emotion Focused Coping – Emotional Intelligence.

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	Introduction to Positive psychology:	-Interpersonal aspects of Positive Psychology, Positive communication, Coping and Positive Psychology, Gratitude and meaning, post-traumatic growth and resilience	12	COI
2	Subjective WellBeing:	The science of Happiness and Life Satisfaction - Resilience in Development- Concept of Flow - Positive Affectivity, Positive Emotion Measurements of happiness and subjective well-being across nations. Flexibility and complexity and their role in well-being	12	CO2
3	Transforming conflicts:	Restorative justice, Mindfulness and well-being, Pursuit of Meaningfulness in Life Humor-Meditation and Positive Psychology - Spirituality.	11	CO3
4	Applying Positive Psychology:	The Principles of Pleasure and Mental Health Distinguishing the Positive and Negative Emotions – Happiness and Subjective Well – being: Living a Pleasurable Life – Emotion Focused Coping – Emotional Intelligence.	10	CO4

## Reference Books:

- 1. Cornelissen, M., Mishra, G. & Verma, S. (2014). Foundations of Indian Psychology. New Delhi: Pearson Education.
- 2. Feldman, R. S. (2006). Understanding Psychology. India: Tata McGraw-Hill.
- 3. Snyder, C. R., Lopez, S. J., &Pedrotti, J. T. (2010). Positive psychology: The scientific and practical explorations of human strengths. Sage Publications.
- 4. Zimbardo, P.C. & Weber, A.L. (1997). Psychology. New York: Harper Collins College Publishers.
- 5. Balog, J. E. (1978). An historical review and philosophical analysis of alternative concepts of health and their relationship to health education (Unpublished dissertation). Maryland: University of Maryland

## e-Learning Source: Egyankosh, ePathshala, swayam

PO-PSO CO	POI	PO2	PO3	PO4	PSO1	PSO2	PSO3	PSO4
CO1	3	2	2	2	3	3	3	2
CO2	2	2	2	3	2	3	2	2
CO3	3	2	3	2	2	3	1	2
CO4	3	2	3	3	3	3	2	3

1- Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation

Dr. Vandana Mybhra

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Name & Sign of Program Coordinator

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